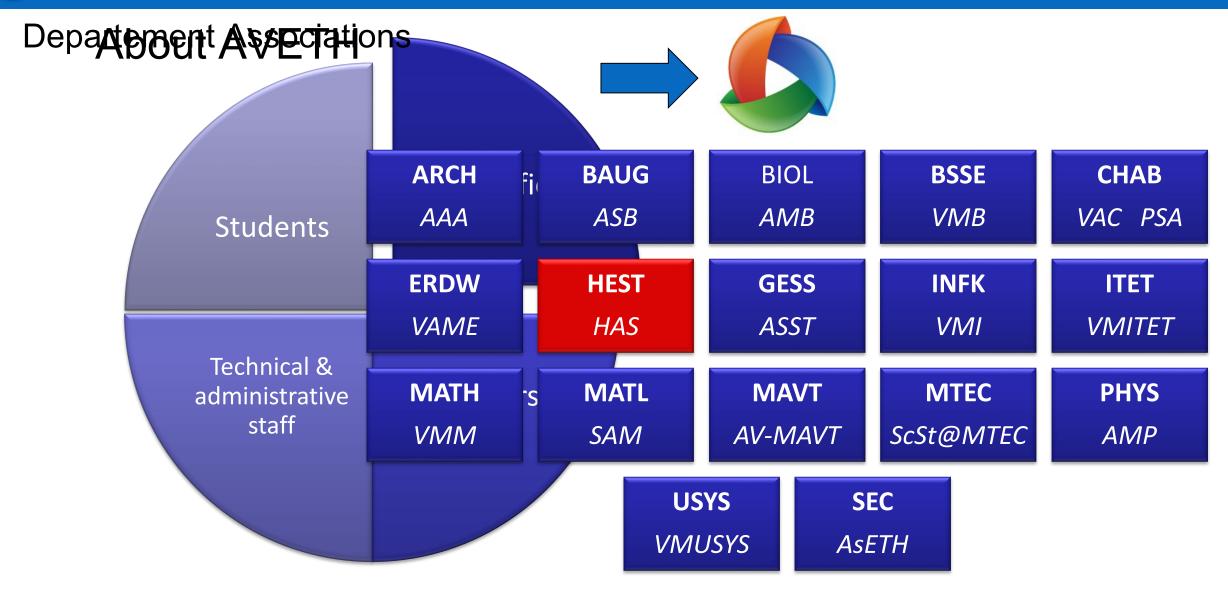




We are the umbrella organization





What do we do?





We represent you

Pol	iti	C	5
Repre	sent	ing	at



Swiss/European Level

ActionUni and Eurodoc

ETH Level

•ETH commissions and University assembly

Department Level

•Department conference (through Department Associations)



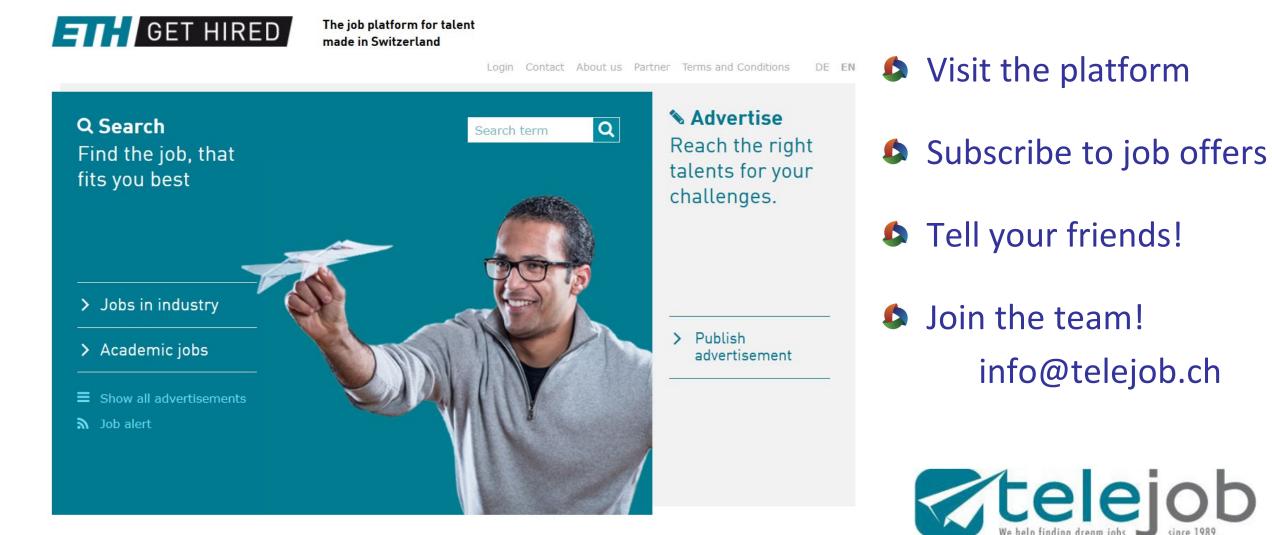
We organize and support events

Excursions, Sports, Information, Fun and Cultural Events





We help you to find a job

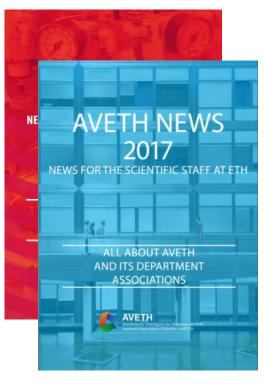


We help ETH graduates finding jobs since 1989



Other services

... and a lot more







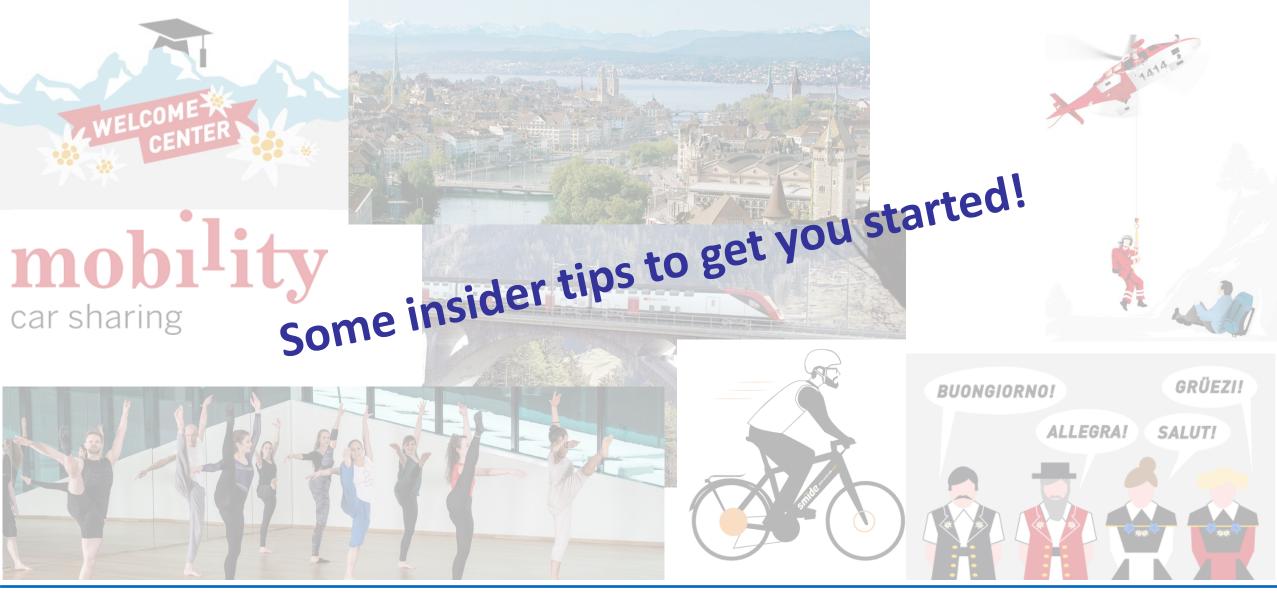
AVETH HOME ABOUT US EVENTS POLITICS COUNSELLING SURVIVAL GUIDE CONTACT US JOIN US







Insider tips





Provide information on immigration, finding accommodation, childcare, living and working in Switzerland, ...





Accommodation

- Ask your colleagues!
- Facebook & social media
- Platforms:
 - wohnen.ethz.ch
 - woko.ch (age <28)</p>
 - wgzimmer.ch
 - homegate.ch
 - immoscout24.ch





For most countries – valid 12 months, then you need to exchange!

- More info: stva.zh.ch

Car sharing:

- Free trial subscription (4 month) mobility.ch
- Discounted annual subscription: CHF 70.-
- Over 160 locations in the city
- Discount on Europcar rentals (long distance)
 <u>ethz.ch</u> > Services&Resources > travel







- "Halbtax" half fare travel card by <u>sbb.ch</u>
 - Free for ETH employees*; all tickets cost only half
- "GA" all public transportation in Switzerland by <u>sbb.ch</u>
 - ETH offers a discount*, you may save money if you commute daily



* <u>ethz.ch</u> > Services & resources > Employment & work > Offers and benefits



- "NetzPass" Public transportation in Zurich by <u>zvv.ch</u>
 - You may save money if you commute in the city
- Rent a bike/eBike! Discounts for ETH members*
 - publibike.ch
 - <u>smide.ch</u>







Obligatory to get a health insurance within 3 months!

- Foreign doctoral students can apply for exemption*
- International student insurance <u>swisscare.ch</u>
- Insurance is expensive, compare your options! <u>comparis.ch</u>

- Is outdoor sports your thing? (30.- per year)
 - Helicopter rescue by rega.ch

* <u>welcomecenter.ethz.ch</u> > Insurance





- Many multinational companies prefer candidates who speak some German!
- Courses offered by <u>sprachenzentrum.uzh.ch</u>
 - Ask your supervisor for financial assistance
 - Self-access center (also at Hönggerberg)
 - Tandem partner



- Other language schools*
 - <u>bellingua.ch</u>, <u>klubschule.ch</u> & many more!
 - Private teachers

* <u>welcomecenter.ethz.ch</u> > Language

AVETH

How to get to know people?

ETH events

- ethz.ch > News&events
- Transferable skills courses
 - <u>ethz.ch</u> > human ressources
- AVETH events
 - AVETH newsletter and <u>aveth.ch</u>
- Clubs and associations
 - International student associations
 - LGBT associations (L-Punkt, z&h)
 - welcomecenter.ethz.ch > Living in Zurich
- Join the activities of your department & institute!





Trouble? We can help!

- Contact AVETH counsellor for advice
 - <u>aveth.ch</u> > counselling
 - We can and we want to help you!
- Psychological counselling
 - pbs.ethz.ch
- More information and contacts
 - respect.ethz.ch









Counselling, within AVETH





Counselling, what you can expect







Counselling@aveth.ch



😬 Mediate

Coaching



Counselling, meet your counsellors



23.09.2019

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... become a member, get active and get involved!

- Register here: <u>www.aveth.ch</u> > join us
- Participate in our events and meetings!
- Follow us on social media!
- Visit us at the poster session ③



@AV_ETH



Have a great time at ETH!



Slides available on our homepage: <u>aveth.ch</u> > "Orientation event" post